



INSIDE

The Clarion University Libraries



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CU Libraries’ Links:

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The Clarion University Libraries newsletter is published weekly when classes are in session. Through *INSIDE*, we share information about our services and resources with the campus community. *INSIDE* is best viewed with Microsoft Outlook. However, you can read a PDF version of *INSIDE* online through the [Libraries’ homepage](#).

Welcome Back - We Are Here To Help



Welcome back, we hope that you had a restful and enjoyable break!

With less than seven weeks of classes remaining, you may be beginning to feel the pressure. Now is the time to get moving with your research projects and term papers.

The Libraries can help in a variety of ways.

- We offer access to millions of authoritative articles, books, datasets, and other resources that may be just what your professors would like to see.
- Intimidated? Don’t know where to begin? Our friendly reference librarians are available to help you get started.
 - Stop by the libraries, visit our [Website](#), or call:
 - Carlson Library Reference Librarians at: 393-2490
 - Suhr Library Reference Librarians at: 676-6591
- Use our online [tutorials](#) on how to find journal articles, conduct library research, and get the most out of library services and resources.
- Take advantage of the many [LibGuides](#) that provide a starting point for research in a range of subject disciplines and on a variety of topics.

It’s all available through the [“Library Help”](#) section on the Libraries’ homepage.

Libraries

Read back issues of the Libraries' newsletter

Library Home

Your link to all of the Libraries' resources

PILOT

Search the Libraries' online catalog

Databases A-Z

Search the Libraries' extensive collection of electronic journals and e-books

Contact Us

Dr. Terry Latour
Dean of Libraries

Savvy Researcher: "Zotero" - Today!



Join us this afternoon for "Zotero", the fourth of the Savvy Researcher Workshop Series. The presentation begins at **1:00 pm in Carlson**

Library Room 201 and will last about 30 minutes.

Zotero is a free and open-source research management software that helps you manage citations and related research data. It can integrate with your Web browser, has online syncing, generates in-text citations, footnotes, and bibliographies, and also integrates with word processing software such as Microsoft Word.

The next topic of the Savvy Researcher Series will focus on MLA and APA citation style basics.

Library Tip: Roving Reference



Need help finding information from the libraries to complete an assignment? Having trouble locating a scholarly journal article? Want some one-on-one instruction on our online library resources?

Look for our *Roving Reference* Librarians in the following locations this semester:

<i>Location</i>	<i>Day</i>	<i>Time</i>
Still Hall Lobby	Thurs day	1:30 - 3:30 p.m. p.m.
Reinhard Village	Thurs day	7:00 - 8:00 p.m. p.m.

As always, you may visit or [contact reference librarians](#) in Carlson and Suhr Libraries during their regularly scheduled reference hours.

"Ideas To Help You Keep Your Resolutions"



This talk is presented by Dr. Jeanne Slattery, professor of psychology at Clarion University since 1994. Dr. Slattery also has a small psychotherapy practice in Clarion.

She believes that everyone can change, although many people face considerable obstacles in doing so. Her teaching often focuses on many of the ways that we get stuck

engaging in maladaptive behaviors, and identifies ways to help people change more effectively.

She has written two books: *Empathic Counseling: Meaning, Context, Ethics, And Skill* and *Counseling Diverse Clients: Bringing Context Into Therapy* (2004).

She is currently working on a third on spirituality and trauma. Dr. Slattery's presentation topic, *Ideas to help you keep your resolutions*, focuses on ways to bring positive change to your life.

Tuesday March 26

6:00 p.m.

Clarion Free Library

644 Main Street

Call (814) 226-7172

or stop by for more information

Refreshments will be provided.

Please mark your calendars for the next talk in our series:

I found it on the web so it must be true:

Tips, tricks and tools for finding and evaluating information

April 4 (Thursday) 6 PM

at the Clarion Free Library

If you plan to attend, please contact mharhai@clarion.edu or sign up at the Clarion Free Library 226-7172 (to help us plan our food/beverage order).

Everyone is welcome. Feel free to invite others who may be interested in the topic.

This book discussion is part of a Community Fellows project funded by Clarion University and undertaken with the Clarion Free Library.

Computer Tip: Spring Clean Your Smartphone



The calendar says that spring arrived last Wednesday (even if the weather may not seem to agree). This might be a good time to take up that old tradition of spring cleaning – on your smartphone or tablet. Is your phone the equivalent of a spare room

crammed full of stuff you thought you might use someday? Packed with photos you meant to put in albums? Time to clean! The good news is that you won't need to climb any ladders or deal with fumes from cleaning products.

First on the list, some items that will make for clutter in the real world too: photos, videos, and documents. Go through them. Delete the blurry, useless pictures of the floor, videos of dark rooms, and documents you don't need.

Now, you need to back-up everything you want to keep. It could be your computer, an external storage device, or a cloud service. But in case you've saved some of these items in an app and not to your SD card, we want them safe and sound. Because we're going to start throwing out apps.

If you're someone that enjoys downloading lots of apps, this could be some work. Roll up your sleeves and keep some water handy. It's important to stay hydrated while doing chores. You know those free apps you downloaded? The ones you used once? The game you were addicted to and haven't played in seven months? The photo-sharing app that no longer functions because the developer went out of business? Time to uninstall!

Just like those pants you keep hoping will fit again, it's time to give up and move on. Be ruthless.

Now on to your record collection. Reviewing your music is a good way to remind yourself that you have some awesome tunes you haven't been listening to, but it's also a good chance to get rid of the stuff you don't listen to and don't like very much. It's the same thing with audio books. Unless you're a person who listens to the same books over and over again, remove the ones you've finished. If you've downloaded books for an e-reader app ... it's time to clear the shelves.

Time to turn to messages. Go through your texts and e-mails and get rid of the junk and nonsense. When you have to go back through it all to look for something important in a hurry someday, you'll be glad you did.

Finally, let's clean out your contacts. It's time to eliminate businesses that are no longer open and people you don't care to talk with again. Do you have multiple numbers for the same person because instead of updating their information, you just added a new contact?

While you're at it, if you use a case for your phone, take the phone out and clean the case. This is also a good time to clean up your computer. And if you still have the strength after all this digital housekeeping, you could straighten out your closet and clean the Fridge. Happy spring!

Cranial Candy: Cowbird - An Amazing Space To Share Stories



Our lives are comprised of stories. Stories that we tell ourselves, and stories that we tell our friends and families. We experience people, events, and fantasies through stories.

To get started, just pick a story to view. Then check out the images (and sometimes audio) included. You can use the arrows in the top right of the story to navigate back and forth through the pages. To view more stories, simply scroll down the page and more will load.

Don't want to *randomly* explore? You can use the navigation strip at the top of the page with the categories:

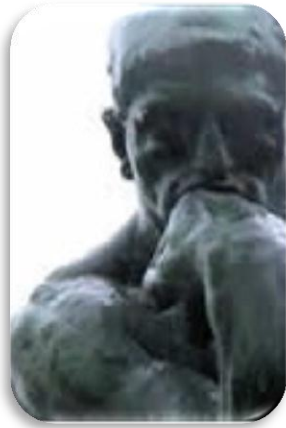
- **Search**
- **Explore**
 - Takes you to a set of groupings of stories by tag so you can select a theme to browse
- **Stories**
- **Projects**
 - Features stories that are created by communities
- **Collections**
 - Hand-picked and curated collections of stories
- **Now**
- **Serendipity**
 - A fun way to navigate the site, it randomly picks a story for you to view leaving what you see up to chance (or is it *serendipity?*)!

Have a story of your own that you'd like to tell? You can ... by joining the community at [Cowbird](#). Click the *Join Us* link, fill out the form, and pick *Nomad* for the *free* version.

As a Nomad, you can tell single page stories, share stories, retell stories, join audiences, create a profile, dedicate stories to the people you love, and receive Daily Stories.

[Cowbird](#): An awesome site that allows its visitors an amazing place to share and view stories.

Something To Think About:



*Great stories happen
to those who
can tell them.*

~Ira Glass